

Youth Exchange about storytelling and social inclusion

# reSTORation

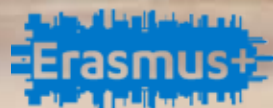
APV: 10 - 12 of January 2020

Youth Exchange: 4 - 15 of March 2020

Olde Vechte, Ommen, the Netherlands

Countries:

Netherlands, Czech Republic, Spain,  
Romania, Italy, Greece, Bulgaria,  
Slovenia, Poland



Olde Vechte Foundation



“I wanted to write something clever,  
but then I decided just to show you this video:  
[https://www.youtube.com/watch?v=nt5\\_3cbo31I](https://www.youtube.com/watch?v=nt5_3cbo31I)



**reSTORation** is 10 days youth  
exchange during which we will be  
recognizing the stories we are living in

(just like “Buy this car, you’ll get girls.  
Buy this bra, you’ll get guys.”)

We will talk about how stories are shaping  
our mindset, perception of reality,  
things we believe to.

What more, we will decide what are the sto-  
ries we would like to hear in society more of-  
ten. And we will share them with the world,  
on a big event on the 13th of March  
with the beautiful audience in the Nijmegen.

# Who can participate...

If you are currently living in one of the partner countries, you can come.

We are searching for  
5 participants + 1 group leader.



Apply  
here

As a group leader,  
you are

- 20+ years old
- interested in the topic (storytelling or social inclusion)
- ready to actively support us with the preparation and implementation of the project
- committed to supporting your national team during the preparation and dissemination

As a participant, you are

- between 17 and 30 years old
- interested in the topic (storytelling and social inclusion)
- motivated to actively participate through the whole process, and create and perform individually or in a group a storytelling performance
- committed to doing the dissemination (organizing storytelling performance back in your country) during the dissemination

# What will you get

## Communication skills

- performing
- presentation skills
- storytelling
- active listening
- effective communication

## Media literacy

- critical reading (recognizing the manipulation)
- understanding how national culture is influencing you

## Empathy and cooperation

- understanding to social inclusion/exclusion
- working in international teams

# Methods

Even though the main topic of a program is STORYTELLING, we will be using a mixture of different methods and approaches, as: body-movement, meditation, impro-theatre, social theatre, workshops, peer-to-peer learning, etc.

# Program overview

Day 1	Creating community and mutual trust
Days 2-3	Cultural stories we are living in: how are they shaping our minds and how are they similar/different across the countries?
Day 4	Field trip to Zwolle: gathering local stories.
Day 5	Discovering personal stories worth to share with the world.
Day 6	Workshops design by participants for participants.
Day 7-8	Preparation for performance
Day 9	Traveling to Nijmegen and performance
Day 10	Evaluation and closing

**Advanced Planned Visit (APV)  
11 - 12 JANUARY**

**Arrival day:** 10th of January 2020, before 16:00  
**Program starts:** 11th of January 2020, after 18:00  
**Program ends:** 12th of January 2020, after 20:00  
**Departure day:** 13th of January, before 10:00  
1 team leader + 1 participant\*

\* both of them attending the YE as well,  
according to the regulations of Erasmus+



**Youth Exchange  
5 - 14 MARCH**

**Arrival day for group leaders:**  
3rd of March 2020, before 19:00  
**Arrival day for participants:**  
4th of March 2020, after 16:00  
**Program starts:** 5th of March 2020, at 11:00  
**Program ends:** 14th of March 2020, at 20:00  
**Departure day:** 15th of March, before 10:00

**Follow up  
March – August 2020**

Every national group will write 1 article and share it with the partner who will publish it online.

Every national group (with the support of the group leader and partner organisation) will organise their own storytelling event in their country.

# Reimbursement

The project is financed by the Erasmus+ program.

The only fee that participants have to pay, after being selected, is 75 € for the Youth Exchange.

Group leaders doesn't pay participation fee.

There is no fee for APV.

If you are selected, we will send a Confirmation Letter to you with more information regarding your participation. ONLY then you can start booking your tickets!

You will receive the full amount of reimbursement at the end of APV and Youth Exchange according to your country. It doesn't matter how you travel or how much money will you spend.

Czech Republic, Romania, Bulgaria, Spain, Slovenia Poland, Italy	275 €
Greece	360 €
Netherlands	0 €

Country	Organisation	E-mail
Netherlands	Olde Vechte Foundation	info.oldevechte@gmail.com
Czech Republic	INspire, z. s.	get@czechinspire.eu
Romania	Asociatia Zig Zag Prin Romania	cosmina@zigzagprinromania.com
Bulgaria	Arteam	assiakoleva@gmail.com
Slovenia	Druzstvo DIH - Enakopravni Pod Mavrlico	ana.zupancic@dih.si
Greece	Kiriotissa's YOut(H)opia	kyriotissasutopia@gmail.com
Italy	YOUth Connect	arianna-impinna@libero.it
Poland	Fundacja Wspierania Rozwoju "Innowator"	fundacjainnowator@wp.pl
Spain	Xuventude verde polo cambio	xuventudeverdepolocambio@gmail.com

# WHERE

Olde Vechte is a non-profit organization, based in Ommen, the Netherlands. It has been functioning as a training center for non-formal education, personal development, coaching, social and cultural work. The Foundation is open to everyone and its vision is to create a world that works for each one of us out love, care, and cooperation.

The project will take place in and around the group accommodation and spacious training hall. It is located in a small city Ommen surrounded by nature. The sleeping rooms can host 2 to 3 people. The house will be our home for the entire Exchange which means that we take care of it by ourselves and clean it daily. Catering will be provided by the Foundation.



# Team

Vojtech Zak (CZ) is a writer, storyteller, designer, facilitator and coach. He has more than 5 years of experience working with Youth. He published 3 books, several stories and 3 comics for kids. He has also experience with acting, theater, film, media, directing, screenwriting, with storytelling, presentation, public performances, etc. He is using stories as a tool for understanding the reality around us and empowering people to make an action and proactively changing things which are not working in their life.



Jeroen van der Meulen (NL) dedicated his whole life to storytelling in all its forms. He's been using storytelling in his cultural work with young artists and people that have a distance to society because of their different views of the world or their 'handicaps'. In working with those people he noticed that when creating and working out new ideas (stories) together the latent talents of all the people involved were drawn out. He's been working as school aid for 'higher' intelligent people for years and has been an event manager for the last 10 years.



Jan Makes (CZ) is a story enthusiast and movie lover. He has been working with youth groups since 2009.

He has been organizing documentary human rights movie festival for 5 years, focusing on the smooth course of events and social overlap. He has been also organizing events for exchange students from all over the world which was supporting intercultural learning. He has been as well mentoring and conflict facilitating secondary school students. He loves the unpredictable nature and fragile border between the unreal and creation of real by the story.



# Contact

For any type of question, don't hesitate to write to e-mail of Olde Vechte Foundation [info.oldevechte@gmail.com](mailto:info.oldevechte@gmail.com), or to Facebook of [Vojtech Zák](#).

Apply  
here